



EMT Trauma Exam Study Guide

Know the Facts

In preparation for this exam, please be sure that you have reviewed the following information provided by your textbook:

- Anatomy and Physiology
- Conditions listed in the index
- Glossary words
- Medical terms listed in each chapter
- Pathophysiology

Understand the Concepts

We especially recommend you understand the following concepts and terminology:

1. Signs and symptoms of referred pain (such as, but not limited to, Kehr's sign)
2. Subcutaneous emphysema
3. Crepitus
4. Ecchymosis
5. Techniques for opening the airway
6. Pathophysiology of Cushing's reflex
7. Complications of spinal cord injuries
8. Indications for tourniquet use
9. Indications for spinal immobilization
10. Signs and symptoms of commotio cordis
11. Signs and symptoms of chest wall injuries (such as, but not limited to, sucking chest wounds and tension pneumothorax)

Perform the Skills

Finally, make sure you know how to:

1. Evaluate barriers from inhibiting CPR
2. Treat a patient with an abdominal evisceration
3. Treat a patient with a scalp injury
4. Differentiate between a tension pneumothorax and pericardial tamponade
5. Treat a patient with soft tissue injury (such as, but not limited to, avulsions and impaled objects)
6. Treat a patient with a thermal injury
7. Calculate percent of body surface area burned
8. Differentiate between traumatic brain injury (TBI) patterns
9. Calculate a Glasgow Coma Score
10. Treat a patient with an amputated extremity
11. Differentiate between types of shock

For tips on how to take a FISDAP exam, see the document entitled "How to Succeed on a FISDAP Exam."
You can find it in the student Help section of our website at www.fisdap.net